



Saint Maria Goretti Parish

Community Outreach Food Pantry

5K FOOD PANTRY RUN & WALK

All proceeds go to the Saint Maria Goretti Food Pantry, serving Dyer, Griffith, Highland, Munster, Schererville & St. John.

Saturday June 8, 2024

What we do:

For over 20 years, we have served our local communities.

As new challenges arise, we respond by offering new avenues of support!

- We currently serve approximately 115 families per month. Families choose fresh protein, fresh produce, a variety of non-perishable food items, along with many non-food essentials such as laundry soap, toilet tissue, kitchen, bath & personal care items.
- The SMG Food Pantry is open the 2nd Tuesday of each month.
- Grocery gift cards are given out during the holiday months (Easter Thanksgiving & Christmas).

***“Not all of us can do great things.
But we can do small things with great love”***

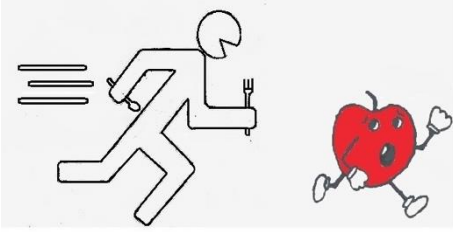
– Mother Teresa



Saint Maria Goretti Parish

2024 5K Food Pantry Run/Walk

Official Timed Race / Closed Course



WHEN: June 8, 2024, 8:00 A.M. (Rain or Shine)

Packet pickup begins at 7:00 a.m.

WHERE: Saint Maria Goretti Hall (500 Northgate Drive, Dyer, IN)

COST: \$30 - **Adult** (Shirt, Timed Race, & Breakfast)

\$15 – **Children 8-16 years old** (same)

\$10 – **Spectator Donation** for breakfast

Children under 8 free, including breakfast w/adult
and option to purchase a child's shirt for \$10

SCAN ME



Team Participation is welcomed and encouraged.

Registration Form

Name: _____ Team _____

Address: _____

Phone: _____ Email: _____ Age: __ Gender: __

Shirt Size (Circle): **Adult:** S / M / L / XL / 2XL **Youth:** S / M / L / XL

***Please submit a form for EACH participant**

IMPORTANT: PLEASE READ BEFORE SIGNING WAIVER: I know that running, walking, or participating in a race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained to do so. I hereby assume all risks associated with this event., including but not limited to injury, falls, contact with other participants, or race officials, the effects of weather, including heat and humidity, traffic and the road course conditions, and all such being known and appreciated by me. Having read this waiver and fully knowing these facts and in consideration of your acceptance of my entry, I for myself and anyone entitled to act on my behalf waive and release any and all rights, claims, and courses of action I may have against St. Maria Goretti Church and the Town of Dyer, in Dyer, IN, from all claims or liabilities of any kind arising out of my participation in the event.

By my signature I acknowledge that I have read and understand the prior terms and conditions.

Signature: _____ Date _____

Under 16, please note child's name along with parent's signature.

Return Registration Form & Check, payable to St. Maria Goretti to:

St. Maria Goretti Parish-c/o Community Outreach 5K, 500 Northgate Drive Dyer, IN 46311

Questions: email KarenB@smgdyer.org or Call (219-865-5482)

You can also register online at <https://runsignup.com/Race/IN/Dyer/SMGRUNWALK4HUNGER>
or use the above QR code. A handling fee of \$2.80 will apply.